

## About Turning Point

Turning Point strives to promote and maximise the health and wellbeing of individuals and communities living with and affected by alcohol and other drug-related harms. We aspire to be a world leading service delivery and research and development centre. In working toward our goals we will ensure the safest possible environment in relation to alcohol and other drug problems today and into the future.

Since being established in 1994, Turning Point has led research and its translation into policy and practice at a local, national and international level. To best respond to emerging issues, Turning Point employs staff from a range of professional backgrounds and collaborates with organisations across the research, health, education and community services sectors.

The organisation integrates activities across a diverse range of specialist knowledge and professional practice. This unique combination enables Turning Point to translate evidence into action. Our work is essential to understanding the complexities of alcohol and drug use in our community and in developing effective approaches to prevent and treat dependence and other related harms.

Turning Point is formally affiliated with St Vincent's Hospital Melbourne and the University of Melbourne. Turning Point is an International Resource Centre for The United Nations Office on Drugs and Crime (UNODC) and is a member of the International Harm Reduction Association. The Centre is also a Registered Training Organisation and an accredited Higher Education Provider.

### Need help now?

**DirectLine:** 24-hour counselling and referral line is available to anyone who has a problem or question related to alcohol or drug use. Experienced counsellors provide an immediate and confidential response.

**1800 888 236**

**Counselling Online:** A website providing online professional counselling about alcohol or drug-related issues is available 24 hours, 7 days a week.

**[www.counsellingonline.org.au](http://www.counsellingonline.org.au)**

### For health and welfare professionals

**DACAS:** A 24-hour telephone consultancy service is available to professionals who need advice on the clinical management of alcohol and drug issues.

**1800 812 804**

### Turning Point service enquiries

For information about Turning Point services, call us or visit our website.



**Turning Point**  
Alcohol & Drug Centre

54-62 Gertrude Street  
Fitzroy Victoria 3065  
Australia

T: 03 8413 8413

F: 03 9416 3420

**[www.turningpoint.org.au](http://www.turningpoint.org.au)**



## Clinical Services



# Clinical Services

## Services and programs

### For the client

- Initial assessment by telephone or face-to-face
- Information and advice on treatment options
- Needle and syringe program (NSP) and pharmacy operating daily
- Peer workers available onsite Monday to Friday
- Referral to other alcohol and drug services or health and welfare agencies
- Assistance to locate a general practitioner
- Individual counselling
- Group counselling (in areas such as life skills, relapse prevention and parenting)
- Home-based and outpatient withdrawal
- Pharmacotherapy (case management support if required)
- Forensic client services
- Outreach services
- Healthy Liver Clinic for Hepatitis C treatment
- Acquired Brain Injury (ABI) clinical consultation
- Mental health interventions (including Anxiety Clinic)



### For the professional

- Training and clinical placements
- Advice and assistance to GPs and other health professionals in the management of complex clients via consultancy, shared care and case conferencing. (Case management is available following assessment.)
- Community development and capacity building for local services
- Addiction Medicine Training Program
- GP Advanced Skills Training Program
- Psychiatric Registrar Rotation
- Dual Diagnosis Rotation Initiative



### Clinical Services Mission Statement

Turning Point Clinical Services exists to provide evidence-based assessment, treatment, counselling and referral for people whose lives are affected by alcohol and other drugs. The service also offers training and supervision for health professionals as well as opportunities for clinical research.

## Referral to Clinical Services

- A referral can be made by health and welfare professionals or by the client themselves
- A referral letter from a general practitioner is preferred for medical services
- For further information contact Clinical Services on: **03 8413 8444** (Mon–Fri, 9.30am–5pm)

## Operating hours

### Clinic

Mon-Fri: 9.30am-5.00pm

### NSP

Mon-Fri: 9.30am-5.00pm

Sat-Sun (incl public holidays): 9.30am-11.30am

### Pharmacy

Mon-Sun (incl public holidays): 9.30am-11.30am

## Location

(Melways Ref: Map 2B, K11)

