

# 2010 Psychostimulant Training for Health Professionals

## Background

The *from GO to WHOA* training package incorporates an interactive training session on psychostimulants. It was commissioned by the Australian Government Department of Health and Ageing and developed by Turning Point with substantial input from a number of specialist clinicians, researchers and educators from across Australia. The Department of Health has funded the Victorian dissemination of this resource to assist in increasing skills and knowledge on psychostimulants which will enhance the capacity of a range of workers to provide appropriate interventions to psychostimulant users. There is no cost to attend this training.

## Project Aims

The aim of the project is to assist health professionals such as medical practitioners, nurses, mental health workers and alcohol and drug workers to manage and treat users of psychostimulants (speed, base, ice, MDMA, cocaine). **Four modules are being offered as a complete one-day training.**

## Training Overview

### Module 1 Introduction

By the end of this module participants will be able to identify:

- what psychostimulants are
- concerns about psychostimulant use
- why people take psychostimulants
- how psychostimulants affect people
- how psychostimulants are taken
- frameworks for responding to psychostimulant use

### Module 2 Pharmacology

By the end of this module participants will be able to identify:

- what psychostimulants are
- influences on drug effects
- common psychostimulant effects
- common features of withdrawal

### Module 3 Epidemiology and risks

By the end of this module participants will be able to identify:

- the history of psychostimulant use
- current prevalence of use
- risks associated with psychostimulant use

### Module 4 Responding to psychostimulant use

By the end of this module, participants will be able to identify:

- effective ways to raise the issue of psychostimulant use
- behavioural indicators of psychostimulant use
- physical indicators of psychostimulant use
- emergency situations
- appropriate strategies for the management of intoxication
- mental health issues
- strategies to manage agitated behaviour
- strategies to reduce harm at various harm points
- appropriate treatment
- strategies response

## Enquiries

Registration information is provided overleaf. Further enquiries can be directed to Margret Petrie on (03) 8413 8700 or [margretp@turningpoint.org.au](mailto:margretp@turningpoint.org.au)



## 2010 Psychostimulant Training for Health Professionals

Dates	Location
Tuesday 26 <sup>th</sup> October 2010 9.00am - 5.00pm	<b>Wangaratta</b> Venue to be confirmed

Your place in the training will be confirmed as soon as possible. Please complete all the details below; a separate form is required for each applicant.

**Please print clearly**

<b>Name:</b>	
<b>Postal Address:</b>	
<b>Suburb:</b>	<b>Postcode:</b>
<b>Organisation:</b>	
<b>Program:</b>	
<b>Position:</b>	
<b>How long have you worked in the health/AOD sector?</b>	
<b>Telephone:</b>	<b>Mobile:</b>
<b>Fax:</b>	<b>Email:</b>

**FAX TO STUDENT ADMINISTRATION  
(03) 9417 7960**

*Our staff are committed to respecting your confidentiality and preserving your privacy. We will keep your personal information secure and protected from unauthorised access or improper use, and we will only disclose information about you if it is authorised by you or mandated by law. All our services comply with the relevant information and privacy legislation.*

