

# Psychostimulant Training Program for Health Professionals

## Background

The *from GO to WHOA* training package incorporates an interactive training session on psychostimulants. It was commissioned by the Australian Government Department of Health and Ageing and developed by Turning Point with substantial input from a number of specialist clinicians, researchers and educators from across Australia. The Department of Human Services has recently funded the Victorian dissemination of this resource to assist in increasing skills and knowledge on psychostimulants which will enhance the capacity of a range of workers to provide appropriate interventions to psychostimulant users.

## Project Aims

The aim of the project is to assist health professionals such as medical practitioners, nurses, mental health workers and alcohol and drug workers to manage and treat users of psychostimulants (speed, base, ice, MDMA, cocaine). A series of one-day courses are being delivered across Victoria.

## Course Overview

<p><b>Module 1 Introduction</b></p> <p>By the end of this module participants will be able to identify:</p> <ul style="list-style-type: none"> <li>• what psychostimulants are</li> <li>• concerns about psychostimulant use</li> <li>• why people take psychostimulants</li> <li>• how psychostimulants affect people</li> <li>• how psychostimulants are taken</li> <li>• frameworks for responding to psychostimulant use</li> </ul>	<p><b>Module 2 Pharmacology</b></p> <p>By the end of this module participants will be able to identify:</p> <ul style="list-style-type: none"> <li>• what psychostimulants are</li> <li>• influences on drug effects</li> <li>• common psychostimulant effects</li> <li>• common features of withdrawal</li> </ul>
<p><b>Module 3 Epidemiology and risks</b></p> <p>By the end of this module participants will be able to identify:</p> <ul style="list-style-type: none"> <li>• the history of psychostimulant use</li> <li>• current prevalence of use</li> <li>• risks associated with psychostimulant use</li> </ul>	<p><b>Module 4 Responding to psychostimulant use</b></p> <p>By the end of this module, participants will be able to identify:</p> <ul style="list-style-type: none"> <li>• effective ways to raise the issue of psychostimulant use</li> <li>• behavioural indicators of psychostimulant use</li> <li>• physical indicators of psychostimulant use</li> <li>• emergency response situations</li> <li>• appropriate strategies for the management of intoxication</li> <li>• mental health issues</li> <li>• strategies to manage agitated behaviour</li> <li>• strategies to reduce harm at various harm points</li> <li>• appropriate treatment strategies</li> </ul>

## Enquiries

Registration information is provided overleaf. Further enquiries can be directed to Kieran Connolly on (03) 8413 8704 or [kieranc@turningpoint.org.au](mailto:kieranc@turningpoint.org.au) if required.



**Training course for health professionals**

Please complete the following registration form and forward to student administration as requested.

<b>2008 Dates 9.00 to 5.00</b>	<b>Locations</b>	<b>Please tick</b>
20 <sup>th</sup> February	<b>FITZROY:</b> Turning Point, 142 Gertrude St, Fitzroy Tel: 8413 8700	
6 <sup>th</sup> March	<b>HORSHAM:</b> Grains Innovation Park, 110 Natimuk Rd. Horsham Tel: 5362 2111	
13 <sup>th</sup> March	<b>FRANKSTON:</b> Frankston Private Hospital, 24-28 Frankston-Flinders Road, Frankston Tel: 9771 8945	
27 <sup>th</sup> March	<b>FOOTSCRAY:</b> Tweddle Child and Family Health Service, 53 Adelaide St, Footscray Tel: 9689 1577	
2 <sup>nd</sup> April	<b>GEELONG: CANCELLED</b>	
23 <sup>rd</sup> April	<b>BENDIGO:</b> Nanga Gnulle 40 Harley Street, Bendig Tel: 5443 7891	
27 <sup>th</sup> May	<b>TRARALGON:</b> Quality Inn, Latrobe Convention Centre, Princes Hwy, Traralgon Tel: 5174 9576	
3 <sup>rd</sup> June	<b>SWANHILL:</b> Swan Hill Region Information Centre, Cnr Curlewis & McCrae St. Swan Hill Tel: 5032 3033	
11 <sup>th</sup> June	<b>BALLARAT:</b> Best Community Development, 28 Victoria St, Ballarat Tel: 5329 1508	
17 <sup>th</sup> June	<b>SHEPPARTON:</b> Greater Shepparton Business Centre, 70 New Dookie Road, Shepparton Tel: 5832 1100	
19 <sup>th</sup> June	<b>FITZROY:</b> Turning Point, 142 Gertrude St, Fitzroy Tel: 8413 8700	
26 <sup>th</sup> June	<b>DANDENONG:</b> Comfort Inn Dandenong, 124-126 Princes Highway. Dandenong. 3175 Tel: 8706 8611	

Your place on the selected course will be confirmed in writing as soon as possible. If accepted on to the course, you will be forwarded a comprehensive participant workbook prior to the course commencing. You will be notified of training venues as soon as possible.

**Please print clearly**

**Name:** \_\_\_\_\_

**Postal Address:** \_\_\_\_\_

**Suburb:** \_\_\_\_\_ **Post Code:** \_\_\_\_\_

**Organisation:** \_\_\_\_\_

**Program:** \_\_\_\_\_

**Position:** \_\_\_\_\_

**How long have you been in this role?** \_\_\_\_\_

**How long have you worked in the health sector?** \_\_\_\_\_

**Telephone:** \_\_\_\_\_ **Mobile:** \_\_\_\_\_

**Fax:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**FAX TO STUDENT ADMINISTRATION OFFICER ON  
(03) 9417 7960**