



Turning Point
Alcohol & Drug Centre

Research to practice: developing guidelines for case note management

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Allens Arthur Robinson Research to Practice Fellowship

Allens Arthur Robinson



Background - Translating research to practice

- Takes an average of 17 years to get research into routine practice
- Understanding of how research is translated into practice is limited
- Literature on 'how to' is scarce
- Key challenge improving 'speed to market'



Background - Translating research to practice (cont)



- Multiple reasons exist for poor translation
 - Training, time and incentive to engage
 - Lack of \$\$ to implement
 - Resistance to change
 - Clinicians not necessarily trained in research or how to read and understand it
 - Diverse sector with wide qualifications and experience

Research to practice

- In 2007 AERF funded a series of workshops to improve clinicians' participation and understanding of research
- In 2008 Allens Arthur Robinson funded fellowship



Research is messy

- 'Effective research is a messy process'
 - Conduct more real world research
 - Work more closely with sites/services
 - Encourage and engage sites/services as much as possible in research





Case notes - the problem

"During the past ten years the social work profession has experienced growing concern over its accountability, effectiveness and excellence...the development of an instrument like the Problem-Orientated Record will provide a means for obtaining answers to questions of accountability and effectiveness and will actually bring about significant results."

George C Burrill



Case notes – the problem (cont)

- Health records are legally essential but often poorly kept
 - *"Records are often scant, late, poorly written and poorly organised"*
- Issue of how to record, timing, corrections, storage, confidentiality
- Much diversity and individual interpretation about 'good practice'



Case notes – the evidence

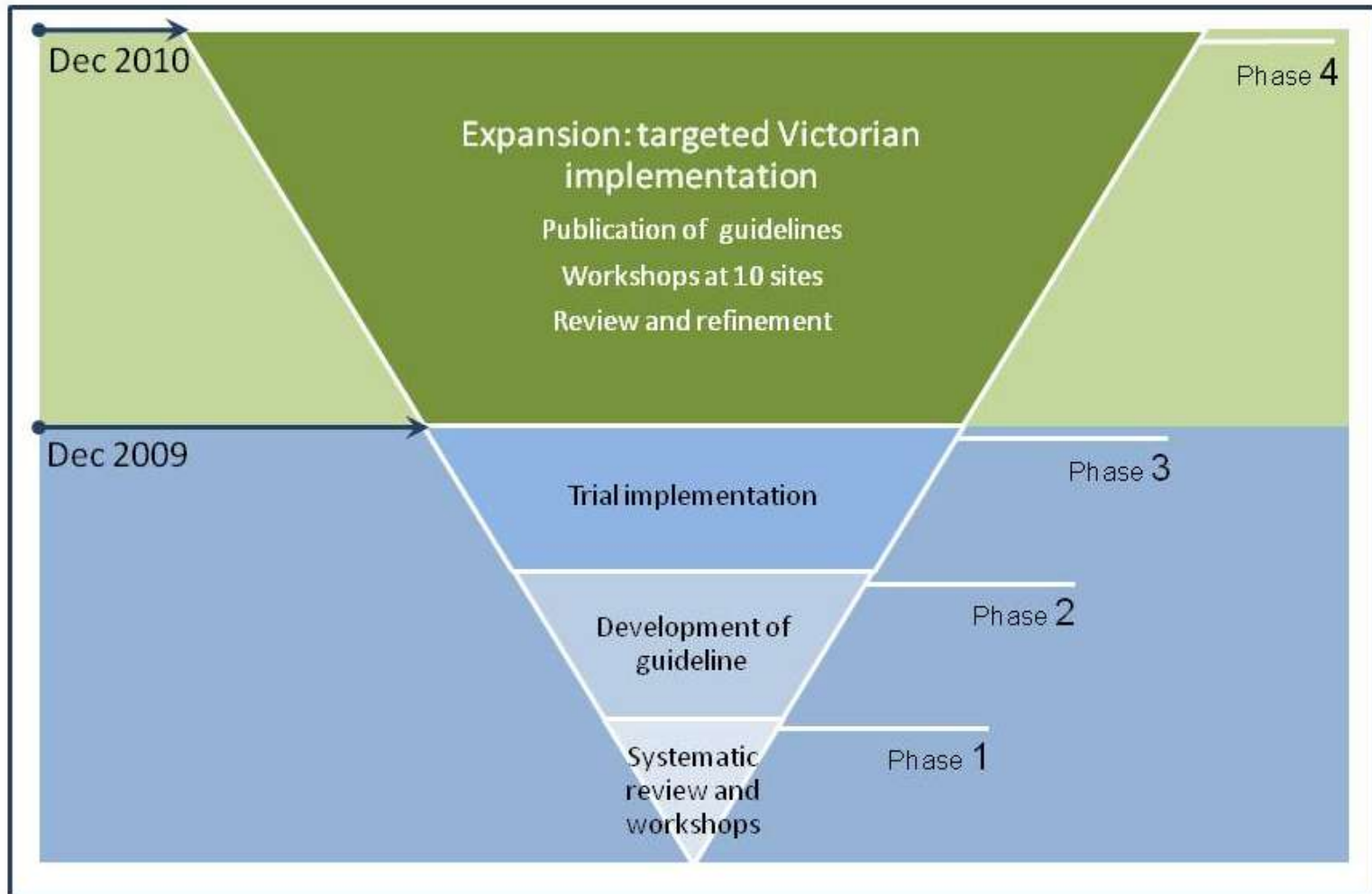
- Australian study *"Not only do practitioners currently undervalue note writing, but quite often, they do not value the information transcribed by their colleagues"*
- Note taking is a valuable skill that when well-performed, can have a variety of benefits



Case notes – the project

- Improve understanding of evidence through example of improved case note writing
- Capacity building
 - *'research ready'* clinicians
- Improve clinical outcomes
 - clients
 - clinicians
 - services

Case notes – project phases



Phase I – Literature review & workshops

- Series of workshops on how to undertake literature review using clinical case note writing as the focus
- Response from sector – local and national



Turning Point Alcohol & Drug Centre 5 free two hour workshops

Using evidence to improve practice

HOW TO COMPLETE A SYSTEMATIC REVIEW
Best practice for the management of an AOD setting

Developing an AOD (Alcohol and Drug) Centre is a complex task. It requires a combination of knowledge, training, experience, and resources. This manual provides a step-by-step guide to help you plan and complete a systematic review of the current practice in your setting. The aim of this manual is to provide you with the information you need to plan and complete a systematic review of the current practice in your setting.

This manual is intended for use by those who are responsible for the management of an AOD setting. It is not intended to be used by those who are not responsible for the management of an AOD setting.

There are a number of key areas that you need to consider when planning and completing a systematic review. These are outlined in the following sections.

Key areas to consider:

1. Identify the current practice in your setting.	2. Determine the scope of the review.
3. Develop a search strategy.	4. Identify the relevant literature.
5. Appraise the quality of the literature.	6. Synthesize the findings.
7. Write up the findings.	8. Disseminate the findings.

For more information, contact our helpline on 0115 951 4000 or email info@turningpoint.org.uk

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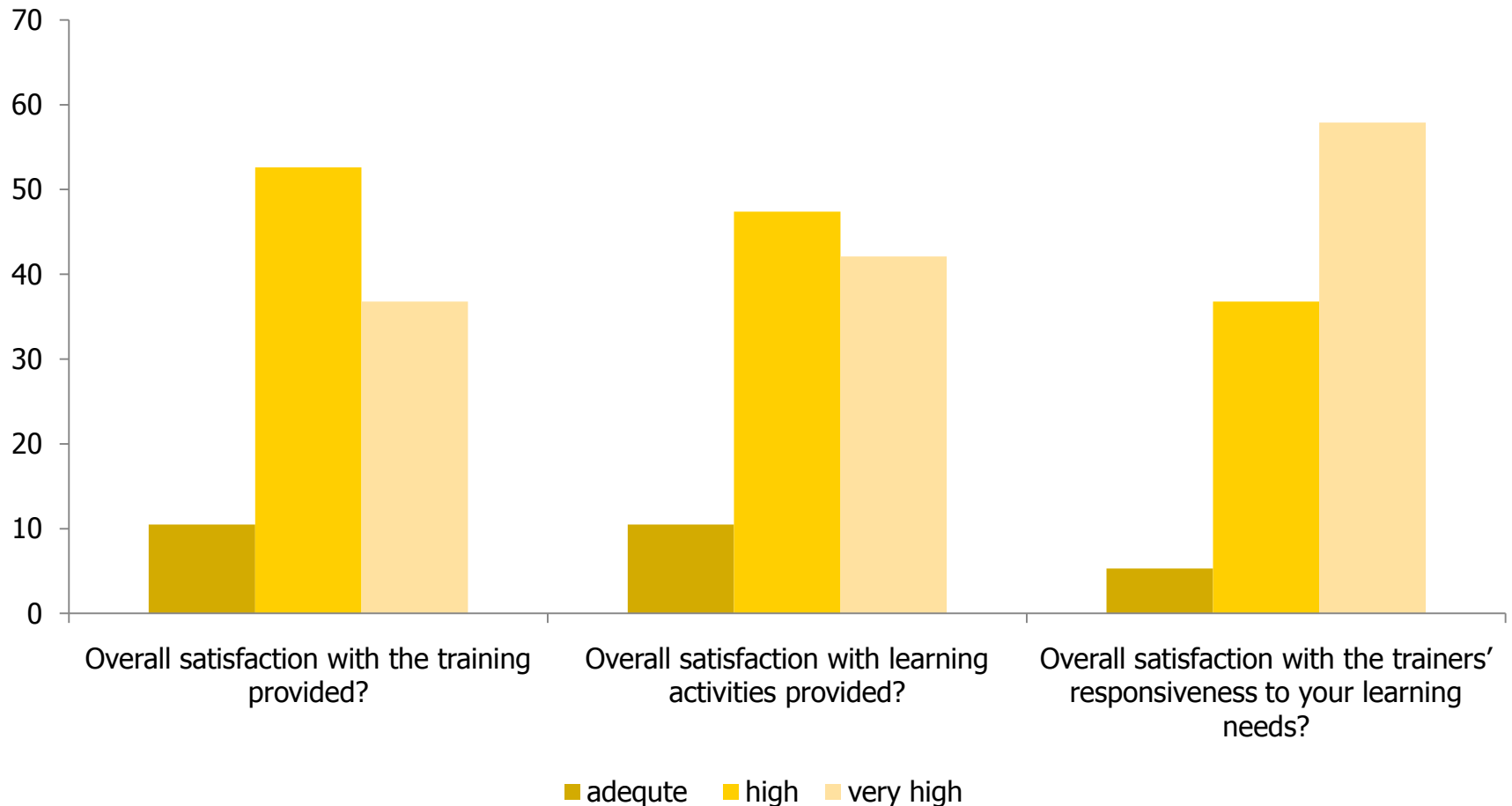
Name: _____
 Postal Address: _____
 Address: _____
 Postcode: _____
 Telephone: _____
 Mobile: _____
 Email: _____

How long have you worked for the AOD sector?
 Why are you interested in doing this workshop?
 What support training have you already completed?

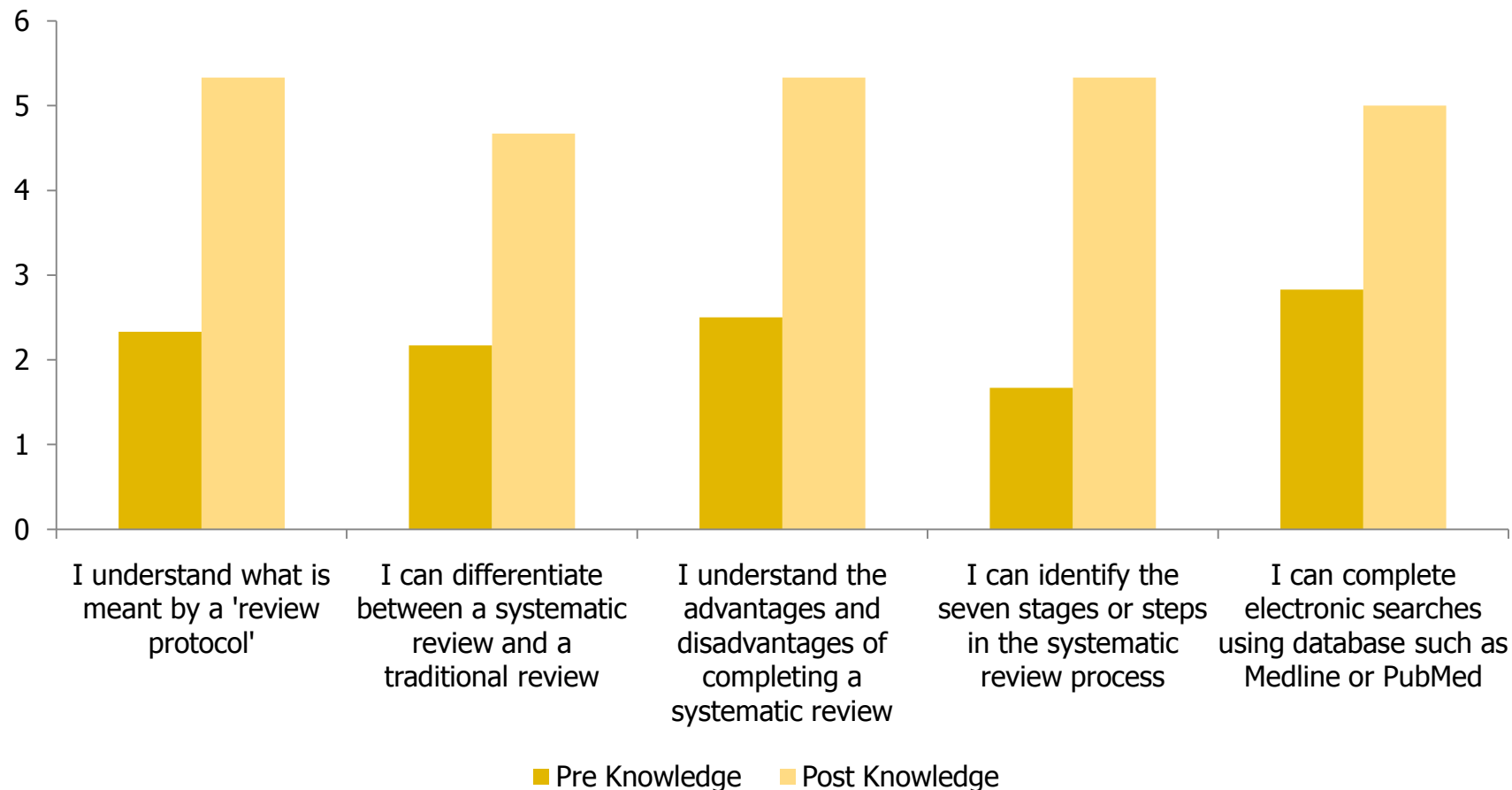
Signature: _____ Date: _____

Print & return to: Turning Point Alcohol & Drug Centre, 100-102, Victoria Road, Nottingham, NG1 1JH

Phase I – Workshop results



Phase I – Workshop results (cont)



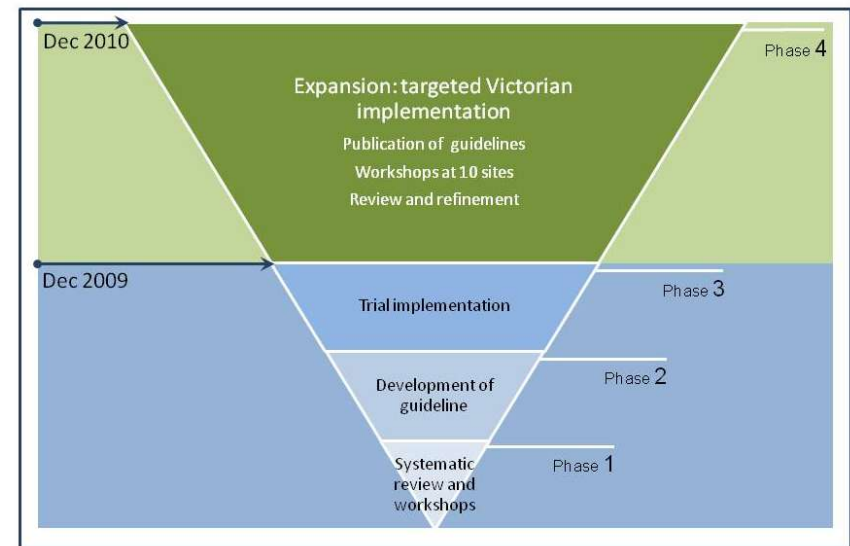
Phase II – Development of CTG

- Development of clinical treatment guideline
- Clinicians involved in workshop involved in CTG
- CTG to be written/reviewed by expert panel



Phase III & IV - Future components

- Phase III
 - Pilot implementation within a clinical setting
- Phase IV
 - Tailored implementation at 10 sites including evaluation





Acknowledgements

Allens Arthur Robinson



<http://www.aar.com.au/index.htm>

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