

EXPLANATORY STATEMENT



ANIMATING ALCOHOL CULTURE CHANGE AMONGST MALE HOSPITALITY STUDENTS AND WORKERS (Project ID: 22458)

Core chief investigators:

Dr Michael Savic
Monash University;
Turning Point, Eastern Health
Phone: 8413 8722
Email: michael.savic@monash.edu

Dr Tina Lam
Monash University
Phone: 9904 4446
Email: tina.lam@monash.edu

Dr Cameron Rose
Monash University
Phone: 9903 1185
Email: cameron.rose@monash.edu

Research assistants:

Dr James Wilson
Monash University;
Turning Point, Eastern Health
Phone: 0468 328 548
Email: james.wilson@monash.edu

Ms Peta Stragalinis
Monash University;
Turning Point, Eastern Health
Phone: 8413 8661
Email: Peta.Stragalinis@monash.edu

You are invited to take part in this study. Please read this Explanatory Statement in full before deciding whether to participate in this research. If you would like further information regarding any aspect of this project, you are encouraged to contact the researchers via the phone numbers or email addresses listed above.

What is the purpose of this research?

This project is a collaboration between Chisholm Institute, Monash University and VicHealth. The aim of this study is to generate insights into attitudes toward, and experiences of, drinking alcohol in the hospitality industry through online surveys and in-depth interviews. This information will be used to develop animated documentaries, as a part of a broader campaign to minimise harm from alcohol use.

What does the research involve?

If you agree to take part in this research, you will be asked to complete an online survey. This survey will ask about your alcohol use, and the workplace drinking cultures you've observed or experienced. It will take about 20 minutes.

At the completion of the survey, you may choose to enter the prize draw at the end of the survey for one of 50 \$40 JB Hi-Fi vouchers. You will also be able to register your interest in participating in an interview (about 60 minutes) with one of our researchers, who will ask you more about your attitudes toward, and experiences of drinking alcohol. The interview will be audio-recorded and conducted face-to-face in a convenient location (e.g. Chisholm, library, cafe) or over the phone, Zoom or Skype. You will be provided with a \$40 JB Hi-Fi voucher for taking part in the interview.

If you agree, there is the possibility that the audio from your interview will be developed into an animated documentary, a short video combining animated images and your own voice to tell stories relating to your experiences drinking and working in hospitality.

Depending on your availability and preferences, you may be invited to engage with researchers on a number of occasions to explore further stories, re-record material or give feedback on how stories have been edited and animated. Your appearance will remain disguised throughout the animations we produce and release.

Why were you invited to take part in this research?

- ✓ You are enrolled in a 'hospitality' course at Chisholm Institute and/or work in the hospitality industry
- ✓ Chisholm staff, or one of the researchers has approached you to participate

Who is funding this study?

This study forms part of the Alcohol Culture Change Initiative funded by VicHealth.

Consenting to participate in the study

Your participation in this study is completely voluntary. You do not have to participate if you don't want to. By filling out the survey we assume that you consent (agree) to participate in the study. There will be a separate consent form to sign before taking part in the interviews.

Withdrawing from this study

You can withdraw or opt-out from this research at any time, with no consequences. However, if you choose to stop the survey before the end, please note that you will not be able to withdraw the data you have provided up until that point, but as always, any data we do collect from you will not be able to be identified.

Possible benefits and risks to participants

You may not find any immediate benefit in participating in this study. However, you may find it a positive experience as you will have an opportunity to:

- ✓ Reflect on your own drinking and behaviours, which you may find to be therapeutic.
- ✓ Provide feedback on the activities on the 'Animating Alcohol Culture Change' project, which may be used to make improvements to the program.
- ✓ Contribute to a project that aims to benefit people working in the hospitality industry

There is little risk in participating in this study. The main risk is that you may feel discomfort when asked about your experiences, for example, if you have witnessed alcohol-related aggression. However, most of the questions will focus on your everyday workplace experiences with colleagues.

Support services

Sometimes during the process of participating in research, people want the opportunity to further talk about their feelings. If you wish to talk further about any of the issues raised during participation in this research the following services are available:

Lifeline 13 11 14 (24/7) or online chat at www.lifeline.org.au (7pm-12am)

Directline 1800 888 236 or www.directline.org.au (24hr alcohol and other drug information, referral and support)

Counselling Online www.counsellingonline.org.au (24hr online alcohol and other drug counselling)

Confidentiality

All information shared with us will be kept private and not shared with anyone else. You will not be asked any identifying information, such as your name or the names of your friends. Most of the survey data is "quantitative" and will be reported as grouped data (such as averages). Any quotations we use will not include your name (or any other identifying information) - instead a fake name will be used to make sure you remain anonymous.

The online survey is run through Qualtrics, Monash University's preferred online survey tool which uses Transport Layer Security (TLS) encryption (also known as HTTPS) for all transmitted data. The audio-recordings of interviews will be passed onto a reliable transcription service that will transcribe/make written copies of the interview recording. Any identifying information (e.g. your name) collected in interviews will be deleted in the written copies.

Storage of data

The data collected in this study includes the online surveys, the audio recording of the interview, and the interview transcript. This data will be safely and securely stored for an unlimited period according to Monash University's strict regulations. All electronic data will be stored in a password protected file accessible only to the researchers. Where necessary, hard copies will be stored in a secure university cabinet requiring a swipe card.

Results

Results of the study will be published in de-identified form in journal articles, reports, and conference presentations. Results from this study will also be available through the Turning Point website (<https://www.turningpoint.org.au>).

Complaints

If you have any complaints about the conduct of the project, you are welcome to contact the Human Research Ethics Committee:

Executive Officer
Monash University Human Research Ethics Committee
Room 111, Building 3e
Research Office
Monash University VIC 3800
Tel: +61 3 9905 2052 Email: muhrec@monash.edu Fax: +61 3 9905 3831

Thank you,



Dr Michael Savic, on behalf of the research team